

INFORMATION ON NO-SCALPEL VASECTOMY (CONSULTATION FORM) SKG/GG/CJ

Prior to Procedure:

1. Please shower, shave and wash area thoroughly prior to your vasectomy appointment.
2. Please wear or bring clean, snug underwear or an athletic supporter on the day of your procedure.
3. This is a procedure, which is usually performed in the office and in no way will affect your sexual ability.
4. The procedure takes 10-20 minutes, but your entire appointment may last one hour.
5. Prepare questions for your doctor. You will be asked to sign a form stating that you understand the risks involved and that sterility cannot be guaranteed.
6. Patients are required to have a designated driver, since they will not be allowed to drive a car until the following day.
7. Aspirin and aspirin products (anti-inflammatory) must be stopped 10 days prior to the procedure.

Procedure:

8. Once you change into a gown, the procedure site will be washed and sterile drapes will be placed over you to guard against infection.
9. After a local anesthetic is administered, a small puncture is made in the scrotum (punctures in the skin do not require a scalpel).
10. One of the two vas deferens is lifted through this opening. The vas is cut, and a portion is removed. The ends of the vas are heat sealed (cauterized) and clipped, before being returned to the scrotum. The same procedure is repeated on the other side. The remaining opening heals without stitches.
11. After the procedure you will be given a prescription for a pain killer. The pain medication is taken AFTER the procedure for discomfort or mild pain. You may take 1 or 2 pills every 6 hours, BUT ONLY if needed.
12. Please note that many patients do not require much pain medication, as the discomfort is usually alleviated with ice packs to the incision site. Ice packs can be applied continuously for 6-8 hours upon arrival home.

After the Procedure:

13. The evening after the procedure, please stay at home, elevate your feet, relax, use the ice packs on your scrotum for 24 hrs, take the pain medication if needed (1-2 night of and morning after the procedure)
14. Expect to see some swelling and a small amount of bleeding from the area of the incision. Use gauze pads to prevent your underwear from getting soiled. You may also see skin discoloration (a black and blue area).
15. Wear snug cotton briefs or an athletic supporter for the first week after the procedure (this will add comfort and support to the post-operative area)
16. The following day you may still have mild discomfort, but you may begin to resume your daily activities; you will not harm yourself.
17. Contact us if you experience fever and chills, increasing pain, drainage, a growing mass, or other concern.
18. You may resume all activities including strenuous exercise after 72 hours.
19. You may take a shower that evening, but not a bath.

You may resume **PROTECTED** sexual activity in 3-4 days, and continue with protected sexual activity for at least two months. A semen analysis should be brought to a local laboratory 4-6 weeks after the procedure (prescription will be provided after procedure) and if there are no sperm present in the specimen, unprotected sexual activity can begin.

You must call our office at (516) 627-6188 and speak to your physician's secretary to obtain your semen analysis results.