

UROLOGY ASSOCIATES, P.C.

535 PLANDOME ROAD • MANHASSET, NY 11030
TEL: 516 627-6188 • FAX: 516 627-9397
WEBSITE: www.urologyassociatespc.com

INSTRUCTIONS FOR ONE DAY BOWEL PREP

Due to recent changes in insurance regulations, patients can only be admitted to the hospital the day of surgery.

In order to insure that your bowel is properly evacuated for surgery, you must follow the instructions listed below.

- 1) The day prior to your surgery, you are only to have liquids by mouth. (ie: clear fruit juice, apple or white grape). Snapple ice tea any flavor soda or diet soda, coffee or tea WITHOUT milk, cream, jello or clear broth. NO solid food or milk products.
- 2) Nothing to eat or drink from midnight the night before admission
- 3) You must purchase over the counter, 1-2 Fleet enemas. Before retiring you should use them.