

# UN UROLOGY

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## ASSOCIATES, P.C.

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### COMMON QUESTIONS REGARDING SLING SURGERY

- ***What will I need to do before my surgery?***  
No food or drink after midnight the night before surgery.
- ***Will I be in pain following the procedure?***  
There will be discomfort similar to menstrual cramps for 2-3 days.
- ***How long will I be in recovery?***  
Two to four hours after the procedure.
- ***How long is the surgery?***  
Thirty minutes.
- ***What type of anesthesia is used?***  
General
- ***Will I have an incision?***  
The surgery is performed through the vagina.  
There will also be two puncture sites inches below your belly button.
- ***What happens if I am unable to urinate after the surgery?***  
You will go home with a catheter that will be removed the morning of the following day.
- ***If I had leakage before the surgery, will that still be a problem?***  
Leakage should disappear after surgery. Approximately 5% of women still have very mild leakage after.
- ***Will I still need incontinence pads after the procedure?***  
You should not.
- ***Will my urinary stream be different?***  
Yes, Initially, the flow may be weak, but this will gradually improve.
- ***When can I walk?***  
You should walk immediately after the surgery and every day thereafter.
- ***Is lifting restricted?***  
Yes. No more than 10lbs. for 10-14 days after.
- ***When can I shower?***  
The day after surgery.
- ***When can I drive?***  
When you are no longer taking pain medication.
- ***When can I resume sexual intercourse?***  
Two weeks.
- ***When can I return to normal activities?***  
Two weeks.
- ***When can I return to work?***  
You can return to a desk job in 7 days.

#### **Problems to report to us:**

- Fever over **101F**
- Heavy vaginal **bleeding**
- **Drug** reactions
- Severe **burning** or **pain** with urination, not resolving