

UROLOGY ASSOCIATES, P.C.

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PROSTATIC ULTRASOUND/BIOPSY INSTRUCTIONS

PRIOR TO PROCEDURE:

1. If you take **ASPIRIN, ADVIL** or **ALEVE** and/or **ANTI-COAGULANT THERAPY** such as **Vitamin E, Persantine, Coumadin, Heparin** or **Plavix** or natural herbs for example **Ginkgo Biloba** or **St. John's Wort**, it **MUST BE STOPPED one week prior** to the procedure.
2. The day before the ultrasound/biopsy, begin taking the antibiotic the doctor prescribed for you.
3. The day of the ultrasound/biopsy, take the antibiotic as directed.
4. Take one (1) Fleet Enema two (2) hours before the biopsy. This is to cleanse the rectum for the procedure.
5. Have a light breakfast and lunch the day of the biopsy; fluids are permitted without restriction.

AFTER THE PROCEDURE:

1. After the biopsy (if one was performed), continue taking your antibiotic as directed.
2. Increase your fluid intake the afternoon of, and early evening, following the biopsy.
3. You may resume your regular diet.
4. You **MAY** experience blood in the urine, semen, or stool, after the Biopsy (Blood may be present sporadically for several weeks after your procedure, this is normal) You may also experience a low-grade temperature. Tylenol is permitted. **DO NOT TAKE ASPIRIN OR ADVIL.**
5. If you develop any unusual symptoms, severe bleeding, and/or high fever (above 101), **PLEASE CONTACT OUR OFFICE.**
6. Please be aware, if a biopsy is performed, it will be sent to a special lab. This pathology report takes approximately 5-6 days. This lab will do a separate billing for the pathology.

DIRECTIONS FOR TAKING LEVAQUIN FOR BIOPSIES:

TAKE LEVAQUIN AS FOLLOWS:

- 1 Tablet the **day before** the procedure.
 - 1 Tablet the **day of** the biopsy
 - 1 Tablet the **day after the biopsy**
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- All tablets should be taken in the morning.
 - No milk products may be taken **one hour prior to** taking the tablet.
 - No milk products may be taken **one hour after** taking the tablet.
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- **DO NOT** take any anti-inflammatory medication, antacids, or vitamins while taking Levaquin
 - **AVOID DIRECT SUNLIGHT** FOR LONG PERIODS. Exposure to direct sunlight may cause a severe rash.